WHAT TO DO WHEN PERSONS NEED HELP

<u>NEEDS</u>	AGENCIES (Revised October 10, 2016)	PHONE
I.When persons	A. St. Anthony Center, 125 E Willow St., Wmspt., Noon - 1 Monday - Friday	570-326-2244
need a free	B. The New Love Center Cafe at Trinity United Methodist Church,	570-244-8838
hot meal	1407 Allegheny St, Jersey Shore, 11-12, M-F, 8:30-12: am	
noi meui	C. Sojourner Truth Ministries, 501 High St. (side entrance), Wmspt., Hot Meal	570-323-1797
	Light Breakfast & Hot Lunch: Mon Sat. 8:30 a.m 1 p.m., Sun. 2 p.m.	
	Fruit & Vegetables available Tues, Day old Bread/Pastry available Wed.	
	D. Antioch Baptist Church, 514 High St side entrance - Williamsport	570-323-2425
	Breakfast 8:00-9:30 a.m. Lunch: Noon - 12:45 p.m. Weekdays	20 90 000 100000000000000000000000000000
	E. Senior Center Lunches six sites throughout county for people over 60	570-323-3096
	F. West End CCC, 901 Diamond St., Wmspt. 11-12:30, M., T., Wed., F.	570-323-6297
	G. Golden Agers Club, Salvation Army, 457 Market St, T, Th, 9-12	570-326-9187
	H. Senior Lunch, Montoursville Presbyterian, 900 Elm St, 3 rd Fridays at Noon	570-368-1595
	I. Christ Episcopal Church, 426 Mulberry St. Wmspt. 1st Saturday supper 4-7 p.m.	570-322-8160
	1. Christ Episcopal Church, 426 Mulberry St. Wilspt. 1 Saturday Support 4-7 p.m.	570-322-3572
	J. First United Methodist Church, 601 Market St., Wmspt. 5 pm Wednesdays weekly	570-322-5054
	K. St. Paul Calvary United Methodist Church, 1427 Memorial Ave, Wmspt.	370-322-3034
	Supper at 5:30 pm Thursdays Weekly September - May (use back door)	570-322-2333
	L. Redeemer Lutheran Church, 1101 Washington Blvd, Wmspt. 2 nd Thursdays monthly	370-322-2333
	Supper at 5:30 pm in the basement Social Hall (Washington Blvd. Door)	570-398-4007
	M. Trinity Episcopal Church, 176 Mt. Pleasant Ave. JS, Noon-1 2 nd Sundays-hot lunch	370-398-4007
2. When	A. United Churches Food Pantry, Rear 320 Park Ave (the Castellano Ctr.) Wmspt.	570-322-1657
	10:15 a.m 2:30 p.m. Tuesdays and Thursdays. (by appointment)	
persons	B. Salvation Army, 457 Market St, Wmspt., 9:30 -11:30 a.m. and 1-2:30 p.m. M W F	570-326-9187
need supplies	C. American Rescue Workers, 643 Elmira St, Wmspt. M-Th 9 a.m. 4 p.m.	570-323-8401
of additional	D. New Love Center, St. John's ELCA, 229 S. Broad St. JS, 9-12, 1-3, 2 nd & 4 th Fridays	570-916-1317
food	E. Sonlight House, 130 Carpenter St, Muncy, 7:30 -10 a.m. M, Th & Sat biweekly	570-546-3585
	E. Sonlight House, 130 Carpenter St, Municy, 7.30-10 a.m. Mr, 111 & Sat Diweckly	570-322-7656
No	G. WIC Program 612 W. 4th St, Wmspt. M-F, 8-4 Appointment only. No emergencies	310-322 1030
appointments	(For pregnant, postpartum & breast feeding women, and for children up to age 5.	570-323-2425
needed	H. Antioch Baptist Church Pantry, 514 High St., Wmspt, M-F 10-12(call ahead)	570-323-1891
unless	I. West End Food Bank, 901 Diamond St, Wmspt, Call 1st (Incl. Linden/Duboistown,	370 323 1071
noted.	Cogan Station, Ralston etc.) 12:30-3:30 p.m. the 1st 4 Thursdays each month.	570-323-3096
	J. Meals on Wheels, Office of the Aging, 2138 Lincoln St., Wmspt.	370-323-3070
	Weckdays 9:00 a.m5 p.m. (Assessments needed - must be homebound and 60+)	570-337-7146
	K. Footprints Food Pantry, Bower Street Ext, Montgomery, 2nd Thurs, 10-5	570-323-9456
	L. St. Joseph the Worker Parish, 711 West Edwin St., Wmspt. Wed. 4-5 pm.	570-323-9430
	M. Christ Community Worship Center, 436 W 4th St., Wmspt. 2nd Sat. 9-Noon	570-327-3300
	N. Lycoming Cty Assistance Office, 400 Little League Blvd, Wmspt. Food Stamps	370-327-3300
3.When	A. American Rescue Worker's Men's Shelter 643 Elmira Street, Wmspt., 9-4	570-323-8401
	B. YWCA (single women only) - 815 W 4th St., Wmspt.	570-322-4637
persons	C, Liberty House (women and children) 815 W 4 th St. Wmspt	570-322-4637
are	D. Family Promise (For Families) 635 Hepburn St, Wmspt (Office/Day Ctr M-F, 9-5)	570-567-7103
homeless	E. Saving Grace Homeless Shelter: 324 Campbell St, Wmspt.	570-323-8401
	referral is needed from the American Rescue Workers or Salvation Army	
4.When	A. American Rescue Workers Fridays 9-4 (families a priority) By Appointment	570-323-8401
persons	B. Dept. Of Welfare Emergency Housing Funds, 8-5 Weekdays	570-327-3300
need rent	400 Little League Blvd, Wmspt.	877-867-4014
(all limited)	C. Salvation Army - 457 Market St. Rent - Mortgage - Mentoring	570-326-9187
	D. Consumer Credit Counselingsee contact info in 19-0	See 19-O.
		570-601-5465
5. When persons	A. Career Link Lycoming & Vetrans Svs, 329 Pine St. Wmspt. M-Th 8:30-4:30, F. 9-4	570-327-4765
need jobs or	B. Counseling/Career Disability Svs Penn College, 1 College Ave., Wmspt. 8-4:30 M-F	570-327-3600
Employment	C. Office of Vocational Rehabilitation (for eligible persons with disabilities) 208 West Third St Suite 102 8 am 4:30 p.m. Weekdays	570-527-5000
Skills and	: 200 West Third Ct Cuite 100 X am - 4: (II n m Weekdays	1

	Ţ	
6. When Veterans	A. The Vet Center (benefits, counseling, therapy, housing, meds,) 49 E 4 th St. #104 Weekdays 8-4:30 (Employment requests are referred to Career Link see 13A.)	570-327-5281
need assistance	B. V A Medical Clinic - Wenner Bld, 1705 Warren Ave Suite 304, M-F. 8-4:30	570-322-4791
	C. Lycoming County Veterans Affairs, 330 Pine St Ste 401, Wmspt.	570-327-2365
	D. American Legion Post #1, 10 E 3 rd St.	570-323-9409
7. When	A. American Rescue Workers Thrift Store, 141 S. Main St, JS 9-5 M-F, 9-4 Sat	570-398-4311
persons	B. American Rescue Workers Thrift Store, 335 Rose St., Williamsport (no vouchers)	570-323-7321
need clothing	9 am - 6 p.m. MondayFriday., 9am - 4pm Sat. (Items have a minimal cost)	
	C. American Rescue Workers Thrift Store, 643 Elmira Street, Williamsport.	570-323-8401
	Weekdays 9am -5pm, Sat 9 am-4pm (Items have a minimal cost)	
	D. Sonlight House 130 Carpenter St., Muncy, M, Th, Sat 7:30 - 10	570-546-3585
	E. From Our Hands to Yours, For Kids & Adults, 501 High St. Wmspt. 10-2 M-T-W	570-323-1797
	F. Salvation Army Store, 1445 Dewey Ave, Wmspt. Mon Sat 9:30 - 4:30,	570-327-3035
	and 530 Lyc. Mall Drive, Pennsdale M-F 9-6, Sat 9-5	570-546-5509
	G. <u>Daniel's Closet</u> , Redeemer Lutheran Church, 1101 Washington Blvd, Wmspt.	570-322-2333
	Free Clothing for Children and Adults. 9-11 a.m. 4th Saturdays monthly H.West End Christian Community Center, 901 Diamond St, Wmspt. (Nominal fee)	570 222 6207
	Clothes Closet: M,T, Th.F 9 - 2, W 9-12 & 4:30-7, Sat 8:30-Noon	570-323-6297
	Shoe Express: 1 st , 3 rd Sat: 1 sneakers/socks for kids up to 17 (need access card/referral)	
	I. Antioch Baptist Church, 514 High St, Wmspt. Side Entrance, Weekdays 9-1	570-323-2425
	J. Shepherd of the Streets, 320 Park Ave. Wmspt., 1st pair work shoes or uniform	570-323-2425
	K. Needlework Guild of Am. (Local Chapter): new outfit, coat or shoes (kids & adults)	570-323-1707
	L. Liberty House Boutique: 815 W 4 th St., Wmspt. W 4-7, Th-F 11-5, Sat 10-2	570-322-4637
	M. Children's Closet: Clothes for Kids 0-6 Castellano Ctr, 320 Park Ave, Wmspt, Tues. 10-2	N/A
0 11/1	A D. C. CWIIC (AUGIN D. I. LOCKED)	570 227 2407
8. When	A. Department of Welfare (LIHEAP, Regular and Crisis Programs)	570-327-3497
persons need emergency	400 Little League Blvd, Wmspt., 8:00 a.m 5 p.m. weekdays B. United Churches Fuel Bank Administered by STEP Outreach 9 - 5 M-F	570-327-5485
fuel	(Person must have applied for State Funding)	370-327-3463
assistance	C. STEP Office of the Aging, 2138 Lincoln St, Wmspt. 9-5 Weekdays, Seniors 60+	570-323-3096
	D. STEP Outreach Office 2138 Lincoln Street, Wmspt. 9-5 weekdays	570-327-5485
9.When	A Soulight House 120 Computer Street March (III) M. Th. Sot 7:20 10	570 54C 2505
persons	A Sonlight House 130 Carpenter Street, Muncy (When available) M-Th-Sat 7:30-10 B. St. Anthony Center 125 E Willow St., Wmspt. (When available)	570-546-3585 570-326-2244
need	C. American Rescue Workers Store, 643 Elmira St, Wmspt. Monday - Friday 9-5	570-323-8401
furniture	D. Salvation Army, 530 Lyc. Mall Dr., Pennsdale M-F 9-6, Sat 9-5 (vouchers)	570-546-5509
juinuure	and 1445 Dewy Avenue, Williamsport, Mon Sat. 9-6.	570-327-3035
	E. Expectations for Women, 854 W Third St, Wmspt - Baby furniture M-F 9-6	570-321-8254
	F. Cribs for Kids/Pack N Play Cribs for newborns, Coroner's Office, 48 W 3 rd St, Wmspt.	570-327-2305
	G. American Legion Post #1, 10 E. 3 rd St, Wmspt: (available to anyone)	570-323-9409
10.When	A. Shanbard of the Streets Minister 220 Bed. Ass. W.W.	570 222 7520
persons need	 A. Shepherd of the Streets Ministry 320 Park Ave. Williamsport. Monday - Thursday, 9 a.mNoon and 1-3 p.m. (Both counseling & referral) 	570-322-6538
pastoral care	B. Sojourner Truth Ministries, 501 High Street, Wmspt. 9-3 M-F	570-323-1797
.f	30000000000000000000000000000000000000	
11. When	A. STEP (Limited) 2138 Lincoln St. 9-5 weekdays (Cap for gas) 800-844-9276	570-327-5485
persons need	B. PG Energy program (Must be on a payment plan)	800-820-8620
utility	C. <u>PPL-CARE</u> (electric) (Must be on a payment plan) 8-5 weekdays	800-342-5775
assistance	Operation help program a one time payment.	570 260 5267
	D. PPL On Track Program - Through STEP Outreach Office Help for electric bills of eligible persons with reduced monthly payments	570-368-5267
	E. Salvation Army, 457 Market Street (By appointment only)	570-326-9187
	G. Am. Rescue Workers, 643 Elmira St, Wmspt (Limited) Fri-9-4 by app. Ext. 12	570-323-8401
	H. Shepherd of the Street, 320 Park Ave. Wmspt. 9-12, 1-3 Mon - Thurs	570-323-8401
	I. Public Utility Commission, Insure safe reliable reasonably priced electric,	570 522-0550
	gas, water, telephone. Their decision is final. Determination hotline:	800-692-7380

:	Ţ	···········
17. When persons are mentally or emotionally disturbed & or suicidal	 A. Lycoming/Clinton MH/MR and Children and Youth (24 hr.) 200 East St Wmspt. B. Diakon Family Life Services, 435 W 4th St 8-8 M-Th, 8-5 F, Monday - Thursday 8-8, Friday - 8-4. Family, Individual, Marital & Suicide Counseling C. Suicide Hotline: National: 1-800-SUICIDE(784-2433) Lycoming Cty Crisis Int. D. Heartworks: Children's Bereavement Specialists, 1100 Grampian Blvd. Suite 383, Wmspt E. Crossroads Counseling: 501 E 3rd St. Wmspt. M-Th 8am-9pm, F&S, 8-2 or 8 N. Grove St, Lock Haven, M-Th 8-8, F 8-1 or 444 E. College Ave Suite 460 State College, M-Th 8am-9pm, F, 8-2 	570-326-7895 570-322-7873 570-326-7895 570-320-7691 570-323-7535 570-893-1886 814-231-0940
18. When persons have a specific need	 A. Crisis Hotline 24 hour National Crisis Service B. Special Kids Network & Parent to Parent Information and Referral. Help for kids with disability/health conditions State office, Harrisburg C. Child Safety Seat Inspection - Free - by appointment: Wmspt Bureau of Fire, 440 Walnut St. or Old Lycoming Township Vol. Fire Company, 1600 Dewey Ave, Wmspt. D. STEP Inc. 2138 Lincoln St, PO Box 3568, Day Care / Head Start, Weatherization, Training Programs. E. STEP Inc. 2138 Lincoln St, Funded Child Care. F. Center for Independent Living 210 Market St. #A. Serves disabled, M-F 8-4:30 G. North Penn Legal Svs 329 Market St, Wmspt.8:30 - 4:30 Weekdays Civil cases only. Eligibility based on income and household size. H. Domestic Violence and Sexual Assault Hotline/Shelter - 815 W 4th St. Wmspt. For victims of crimes - in crisis - With transient services for Women and Children I. Expectations Women's Center 854 W 3td St (Counseling. Care & Supplies) M & W - 10 am-5 pm, T & Th - 10 am-7 pm, F 10 am-1 pm 24 hr hotline J. West End Christian Comm. Ctr Limited Vouchers -diapers 901 Diamond St, Wmspt. K. Firetree Place. 600 Campbell St, Wmspt Educational, Recreational, Community pgms, for children-youth-adults L. N.W.PA Optical Clinic 901 Diamond St, Wmspt. appointments needed New prescription classes to low/moderate income persons, \$36 starting price M. North Central Sight Services 2121 Reach Rd, Wmspt., W-F 8:30-4:30 vision N. Shepherd of the Streets, 320 Park Avenue, Wmspt., Birth Certificates and ID's O. Advantage Credit Counseling, 201 Basin St. Suite 6, Wmspt. Mediation -advocacy - budgeting M, T, W & F., 8:30-4:30, Th. 11-7, Sat. by appointment P. Hearing Loss, 901 Diamond St, Wmspt 2nd Thursdays each month c-mail contacts only: tybergkay7376@yahoo.com Q. Yokefellowship Prison Ministry, 1200 A	211 800-784-2433 570-326-4980 570-327-1602 570-323-1665 800-986-4550 570-326-0587 570-601-9703 570-323-8741 570-323-8741 570-323-8167 800-326-8483 570-321-8254 800-395-HELP 570-323-6297 570-360-9946 570-601-3399 570-323-6401 570-322-6538 800-922-9537 NA 570-326-6868 570-326-3308 570-329-3588
19. Additional Resources	A. Lyc. Cty. Clearinghouse: % ARW, 326 Bridge St, Wmspt. Information verification for providers kimarw@chilitech.net B. If you still need help finding a resource call	570-323-8401 Extension 112 211 570-326-3805

Free Meals Offered by Meal:

(See information in part 1 for details)

Breakfast:

The New Love Center at Trinity UMC, JS Sojourner Truth Ministries, Wmspt. Antioch Baptist Church, Wmspt.

Lunch:

St. Anthony Center, Wmspt.
The New Love Center, Trinity UMC, JS
Sojourner Truth Ministries, Wmspt.
Antioch Baptist Church, Wmspt
Senior Center Lunches

West End CCC, Wmspt.

Trinity Episcopal Church, JS - 2nd Sundays Golden Agers Club, Salvation Army, Wmspt. Senior Lunch, Montoursville Presbyterian, 3rd Fridays

Supper

First UMC, Wmspt. Wednesdays St. Paul Calvary UMC, Wmspt. Thursdays Redeemer Lutheran Church, Wmspt, 2nd Thursdays Christ Episcopal Church, Wmspt., 1st Saturday

;······		7
12. When	A. St. Anthony Free Clinic, 125 E Willow St., Wmspt 7-8:30 p.m. Mon., and	570-326-2566
persons	11-12:30 Wed.; Physicals at 10 on Fridays (appointment needed - call Mon. or Wed.).	
need	B. Susquehanna Community Health Center, 471 Hepburn Street	570-567-5400
medical	Mon-Fri - 8:30-11:30, 1-4:30. appointments required	
help	C. SHS Community Dental Clinic 469 Hepburn Street, Hepburn Plaza,	570-567-5430
пстр	7:45 a.m 5:30 p.m. (Accepts medical assistance) Appointments required	370 207 3130
	D. Healthy Kids Help-Line Medical info and help for uninsured children	800-986-5437
	E. Healthy Baby Help-Line for infants and pre-natal	800-986-2229
		800-462-2742
	F. Adult Health Insurance information/referral or basic insurance	The second secon
	G. Lead Information Line	800-440-5323
	H. STEP Office of the Aging, 2138 Lincoln St, In home services and referral for elderly	570-323-3096
	I. Hepatitus Testing and Care - Susquehanna Health System - Call for info.	570-321-1000
	J. Pennsylvania Department of Health, 1000 Commerce Park Drive	570-327-3400
	K. Hearing Aids Lions Club International Hearing Pgm Art Girio	570-326-1793
	L. Penn College - 1 College Ave, Wmspt - Routine Dental Cleaning & Check-up	570-327-4500
	M. Shepherd of the Streets, 320 Park Ave, Wmspt., Eyeglass/Dental Surgery Ast.	570-322-6538
	N. Rural Health Care Marketplace, 471 Hepburn St. Wmspt. Weekdays 8-5	570-560-3035
	Q. Healthy Women Project, 699 Rural Avenue, Suite 202, Wmspt. Free pap tests,	570-321-3131
	mammogram for ages 40-60 with no/limited insurance and low/moderate income	
	R. PA Health Law Project, helps low income families/disabled/elderly obtain health care	800-274-3258
		! !
13. When	A. American Rescue Workers 643 Elmira St, 9-4 M-F (Limited)	570-323-8401
persons	B. Shepherd of the Street, 320 Park Ave., Wmspt. 9-12, 1-3 Mon - Thurs	570-322-6538
need	C. PaceNet & Pace - Office of the Aging 60+, 2138 Lincoln St., Wmspt. Weekdays 9-5	570-323-3096
prescriptions	D. PA Patient Assistance Program, Dept. Of Public Assistance,	570-327-3497
	400 Little League Blvd, Wmspt. for 19-64 year olds not receiving Medicade	
() 3371	A AIDG D	570 222 0440
14. When	A. AIDS Resource, 500 W 3 rd St, Wmspt. 9:00 a.m5:00 p.m. Weekdays	570-322-8448
persons face	(Support services for those infected and affected with HIV or AIDS)	570 227 2400
HIV/AIDS	B. PA. Department of Health, 1100 Commerce Park Drive, Suite 109 Wmspt.	570-327-3400
15.When	A. Am. Rescue Wks, 643 Elmira St, Wmspt. Emergencies only. Limited (By appointment)	570-323-8401
persons	B. STEP Transportation (Step Van) 1-800-222-2468 or	570-323-7575
•	C. Shepherd of the Streets, 320 Park Avenue., Wmspt, 9-12, 1-3 M - Th	570-322-6538
need	D. STEP Office of the Aring 2128 Linear St. Free has person for conjugate 60.64	570-323-3096
transportation	D. STEP Office of the Aging, 2138 Lincoln St, Free bus pass for seniors 60-64	A CONTRACTOR OF THE PROPERTY OF THE PARTY OF
	E. American Cancer Society, Road to Recovery Program (medical appts.)	800-ACS-2345
16. When	A. West Branch Drug and Alcohol Abuse & Tobacco Addiction Commission	570-323-8543
persons	Case Management Unit, 213 W. 4 th St., Wmspt 7:30 - 4 M-F (call anytime)	- 0 000 0000-0000 PUE 1000
have serious	B. Psychological Services (Outpatient therapy) Bloomsburg 9-5 Weekdays	570-389-1249
drug &	C: Alcoholics Anonymous - District 48 PO Box 303, Williamsport 17701	570-327-2860
arug & alcohol	D. AlAnon and AlaTeen Williamsport Hospital Conf. Rm 1B, 7 pm Sun.	800-344-2666
problems	E. Narcotics Anonymous, PO Box 1161, Williamsport 17701	570-327-2678
problems	F. Alcohol and Drug 24 Hour Referral Line	800-821-4357
	G. White Deer Run - Lock Haven	570-893-8100
	H. Valley Prevention - 520 W 4th St. Wmspt. Suite 2B	570-323-9940
	I. Susquehanna NW Human Svs. Outpatient Mental Health Drug & Alcohol	570-322-1216
	Counselling, 520 W 4 th St. Suite 2A, Wmspt.	900 255 2225
	J. White Deer Run - Devitts Camp Road, Allenwood	800-255-2335
	K. White Deer Run Outpatient Treatment - 901 Westminster Drive, Wmspt	570-321-6127
	L. Crossroads Counseling: 501 E 3 rd St. Wmspt. M-Th 8am-9pm, F&S, 8-2	570-323-7535
	or 8 N. Grove St, Lock Haven, M-Th 8-8, F 8-1	570-893-1886
	or 444 E. College Ave Suite 460 State College, M-Th 8am-9pm, F, 8-2	814-231-0940